

# Being with Dolphins

## Heart Balance Retreat

- 🐬 Meditation
- 🐬 Gentle Yoga
- 🐬 Sound Healing
- 🐬 Sharing Dolphin Messages
- 🐬 Snorkeling Beautiful Reefs
- 🐬 Dancing, Laughing, Singing

Being with these gentle souls is a magical and life changing experience!

Join Silke and Andrea who have been in contact with Dolphins for more than 20 years!

6 full days, 7 nights on a beautiful boat

Red Sea, Egypt  
June 3-10, 2023

Photo: Patrick Neumann

# HeartBalance Egypt Details

**3.-10.6.2023**

## Included in our offer:

- 7 nights on the boat Sim Sim (31m Motor Yacht) incl. 2 Dinghies and snorkel equipment
- Shared cabin which has 2 single beds (towels, soap, safe are available)
- 3 vegetarian meals per day, soft drinks, snacks (coffee/tea/water/soft drinks)
- Collective transfer at the beginning and end of the journey from Hurghada airport to the port and back
- 6 days of dolphin swimming (99% dolphin sightings throughout the year)
- Mindfully guided snorkeling at the reefs, usually twice per day (away from mass tourism)
- All marine and reef fees
- Heart opening and mindfulness practices such as Yoga, Breathing, Sound and Aroma Experiences as well as Water Session (Aquatic Relaxation/optional)
- All activities are optional if you feel like solitude and don't want to participate at some point you are welcome to find your space on the boat to be with yourself
- We will create a beautiful space with the guests, dolphins and the local team on the boat

Silke and Andrea have both been in contact with dolphins for a long time and in different parts of the world. They are happy to share their knowledge and facilitate this magic connection between dolphins and humans.

## Not included:

- Flight and Visa
- Tip for the crew and guides
- Alcoholic drinks
- USB stick with pictures and videos of the trip
- Fresh juices (seasonal)
- Unmentioned activities and meals

## Price:

Regular bird price (booking until 1.3.23) **EUR 2223.-**

Late bird price from 2.3.23 **EUR 2555.-**

We advise you to have a foreign health insurance and a travel cancellation insurance for this trip.

You are responsible for your specific Visa for your nationality. Please check the details and apply accordingly.